

THESE QUESTIONS ARE DESIGNED TO GIVE ME THE BEST POSSIBLE PICTURE OF A PERSON I CAN GET. THINK ABOUT EACH QUESTION AND ANSWER THE TO THE BEST OF YOUR ABILITY

-MIKE

WHAT WAS HOME LIKE ? PEACEFUL OR ANGRY ? LOVING OR COLD ? QUIET OR A LOT OF YELLING ? PHYSICAL, EMOTIONAL,SEXUAL ABUSE, SUBSTANCE ABUSE ? SUPPORTIVE OR NON SUPPORTIVE ?

WHAT WAS YOUR MOM LIKE ?

WHAT WAS YOUR DAD LIKE ?

ANY BROTHERS OR SISTERS WHAT WERE THEY LIKE ?

TAKE SOME TIME AND THINK THROUGH YOUR LIFE WRITE DOWN 5 OF THE MOST POSITIVE EXPERIENCES AND THE 5 NEGATIVE EXPERIENCES FOR EACH PHASE OF YOUR LIFE

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WHAT ARE YOU GOOD AT ?

WHAT DON'T YOU LIKE ABOUT YOUR SELF

WHY DO WANT COUNSELING/COACHING – WHAT DO YOU WANT TO CHANGE IN YOUR LIFE:

WHAT WOULD YOUR LIFE LOOK LIKE IF IT WORKED?