

Please circle appropriate response as felt during the past two weeks and bring to your first session.

I feel sad Never or Rarely Sometimes Often Almost always

I feel like a failure Never or Rarely Sometimes Often Almost always

I have lost interest in my work Never or Rarely Sometimes Often Almost always

I do not look forward to the future Never or Rarely Sometimes Often Almost always

I feel guilty Never or Rarely Sometimes Often Almost always

I have lost interest in my hobbies Never or Rarely Sometimes Often Almost always

I feel that others do not like me Never or Rarely Sometimes Often Almost always

I am unhappy with myself Never or Rarely Sometimes Often Almost always

I doubt my own judgment Never or Rarely Sometimes Often Almost always

I am easily frustrated Never or Rarely Sometimes Often Almost always

I wish I were dead Never or Rarely Sometimes Often Almost always

I feel lonely Never or Rarely Sometimes Often Almost always

I avoid being around people Never or Rarely Sometimes Often Almost always

My eating patterns have changed over the past two weeks, ie. Overeating or loss of appetite Never or Rarely Sometimes Often Almost always

I have suicidal thoughts Never or Rarely Sometimes Often Almost always

I deserve to be punished Never or Rarely Sometimes Often Almost always

I have difficulty making decisions Never or Rarely Sometimes Often Almost always

I feel worn out Never or Rarely Sometimes Often Almost always

I feel emotionally shut down Never or Rarely Sometimes Often Almost always

I feel worthless Never or Rarely Sometimes Often Almost always

I am not interested in sex Never or Rarely Sometimes Often Almost always

I feel hopeless Never or Rarely Sometimes Often Almost always

I blame myself for other people's problems Never or Rarely Sometimes Often Almost always

I feel spiritually dead Never or Rarely Sometimes Often Almost always

I have difficulty paying attention Never or Rarely Sometimes Often Almost always